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Schizoaffective Disorder: Your Quick Guide To Understanding Schizoaffective Disorder (psychotic Disorders)

SCHIZOAFFECTIVE DISORDER



Your Quick Guide
to Understanding
Schizoaffective Disorder



Synopsis

Would you like to get a better understanding of Schizoaffective Disorder? With more and more information available online it's getting harder filtering out all the bits of information you actually need. Schizoaffective Disorder whilst similar in some respects to Schizophrenia it also has some major differences. By going off ineffective information, you could be taking the ineffective steps, leading further away from understanding your condition, further away from effective management and further away from a better quality of life. Many people that are affected by schizoaffective disorder are unaware what their "issue" actually is, they tend to class this as something else, usually based off what someone else said (and I'm not talking about mental health professionals). By reading this book, you'll gain a much deeper understanding of what schizoaffective disorder is, and you'll get clearer picture if this is something that is actually affecting you. By understanding the knowledge within, you will be able to take the next step towards a easier managed life. Knowing and understanding will do a great deal to your well being. Of course, this book is just information that you can turn into knowledge, it will not give you any real world feedback, the information within will help you get a better understanding, it will help you make the next decision. (Going to a mental health professional to seek treatment)

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tags: schizoaffective disorder, schizophrenia books, schizophrenia, healing schizophrenia, mood disorders, psychotic disorders, depression help, treating depression, depression and anxiety, bipolar disorder, bipolar symptoms

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Customer Reviews

My recent research into all things schizophrenia led me to this great little guide. I found it concise and very understandable. I think it would be a good starter for those who have had the diagnosis or those, like me, who know someone and want to have a little knowledge about what my loved one is going through. This book even goes into the medications that are most often prescribed and how it might affect the patient. My only question I'm left with as I just couldn't get it straight in my head, what is the difference between schizoaffective disorder and schizophrenia, or if they are one and the same. I was lucky to pick this up for free, but it is now \$3.97. I think it would be worth it for the patient, their loved ones or a study guide for those studying the mental health disorders.

It was an easy read with good information and definitions. I was diagnosed with schizoaffective disorder bipolar type and this was a useful reference in beginning to understand my disorder.

Really informative. I just wanted a quick read for a course I'm taking, and this book was really helpful. It discusses the different facets of schizo-affective disorder and the various treatments. I'd recommend it for someone wanting to know more.

Gave a thumbs up, because I just found out this diagnoses on a loved one and wanted to understand. I learned a lot and this will help me help them.

Excellent. Clear and correct.

As I have this disorder, I thought this book was very helpful in understanding what the disorder is and what is causing it in the brain. I also thought that it was very helpful to learn about the medications to treat it. I was reassured that I was on the right medications. The 3 medications that they have me on are an antidepressant, an anxiety med, and an antipsychotic med. I feel more

stable than I ever have been in my whole life. This is a very debilitating disease and left untreated will get worse. I could write about what it is like, but not in this review. I would recommend this book to anyone that thinks that they have this disorder or knows someone that may have this disorder because treatment is vitally important and I now know after several unfortunate events, crying fits all night, cutting myself several times, etc. that I cannot go 1 day without meds. This book could save a life or help someone with the agonizing pain of the disorder.

I chose a 5 because it helped me get a better understanding of what I was going through in my head. It helped me better explain to my family what I couldn't explain before.

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